

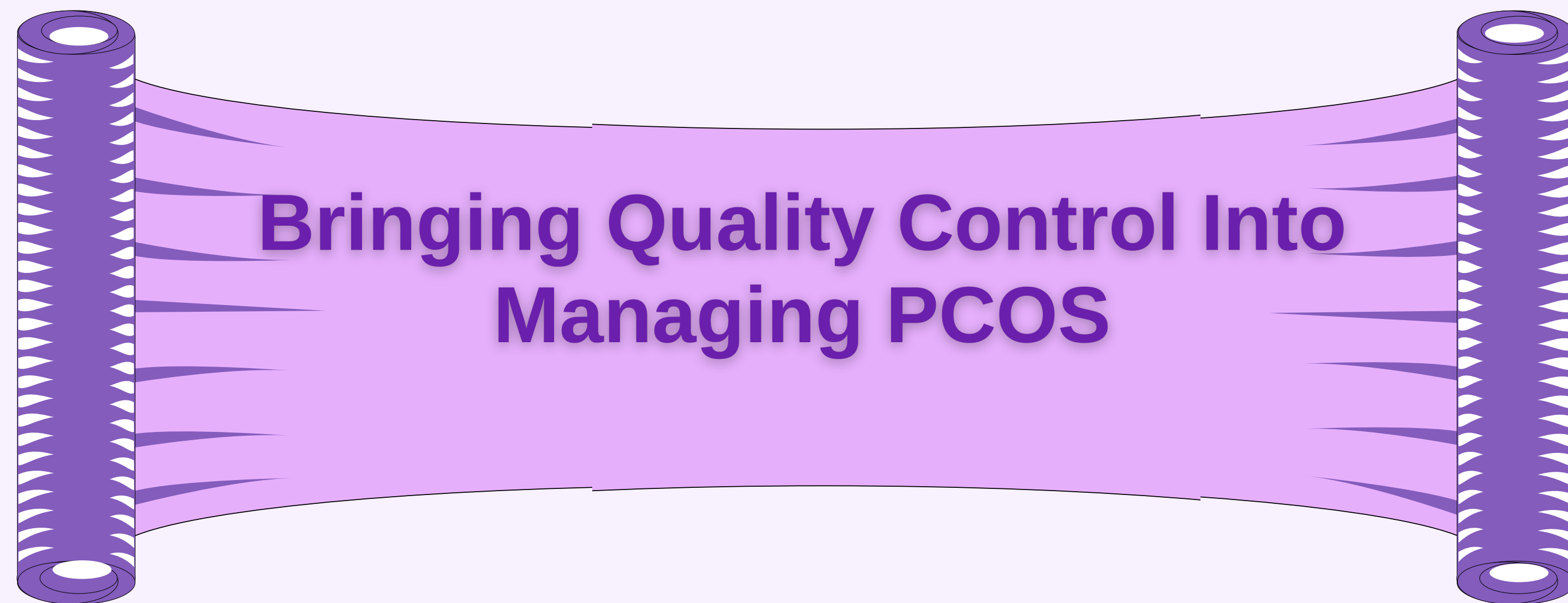


AOGD 2025



47th Annual Conference of AOGD

Preconference Workshop



Organised by:

Organized by QI Obst and Gynae Committee, of AOGD

Under the aegis of Association of Obstetricians & Gynaecologists of Delhi (AOGD)



11th September 2025 | 09:00 AM – 05:00 PM

VENUE: Hotel Eros, Nehru Place

Convenor

Dr Surveen Ghumman

Co-convenor

Dr Renu Tanwar

Chief Guest

Dr Reena Yadav

Guest of Honour

Dr Ratna Biswas

MOC

Dr Akanksha Sharma

Dr Naseema



Scan the QR code to register!

President
Dr Reena Yadav

Vice President
Dr Kiran Aggarwal

Honorary Secretary
Dr Ratna Biswas

Time	Topic	Speakers	Chairpersons
9:00-10:00 AM	Session 1: Nailing the Diagnosis: PCOS and the Quest for Quality (12+3 Min)		
	PCOS Phenotypes in role of diagnosis- Can they help in managing patients?	Dr. Himsweta Shrivastava	Dr. Bela Makhija Dr. Poonam Khera Dr. Raka Guleria Dr. Akanksha Sharma
	Rethinking Diagnostic & Assessment Standards – From Rotterdam to AMH and International guideline criterion 2023	Dr. Rupali Bassi	
	Getting It Right Early: Adolescent PCOS Diagnosis Without Ultrasound	Dr. Sonia Naik	
	What is the correct method of diagnosing Insulin Resistance in PCOS?	Dr. Bindu Bajaj	
10:00-10:15 AM	Inauguration		
10:15-11:15 AM	Session II: Polishing the Path: Quality Care Innovations in PCOS (12+3 Min)		
	Stem cells and PCOS	Dr. Sunita Arora	Dr. Reena Yadav Dr. Anita Sabharwal Dr. Manju Hotchandani Dr. Tanya Buckshee
	Handling the 3 Gs of PCOS - Genes, Gut, and Glucose - Emerging science: gut health, insulin resistance, and PCOS	Dr. Ratna Biswas	
	Quality enhancement in prediction and management of PCOS through technology Tech & Track Apps & Tools – A Machine learning Algorithm	Dr. Pranay Ghosh	
	Epigenetics, mitochondria and PCOS: Understanding the Role of Environmental Factor & Opportunities for treatment	Dr. Renu Tanwar	
11:15 AM-12:15 PM	Session III - PCOS & Parenthood: Quality Care that Delivers (12+3 Min)		
	Optimizing Ovulation: A Tiered Approach to Fertility Treatment in PCOS	Dr. Abha Majumdar	Dr. Sudha Prasad Dr. R K Sharma Dr. Shalini Khanna Dr. Nisha Bhatnagar
	PCOS : Infertility beyond anovulation	Dr. Sonia Malik	
	Role of ovarian drilling in an era of ART	Dr. Kuldeep Jain	
	Pregnancy and Beyond: Managing Reproductive Risks in PCOS	Dr. Mala Arora	
12:15-1:00 PM	Session IV - PCOS Management: How Do We Keep Quality on Track? (12+3 Min)		
	Tracking What Matters: Metabolic, hormonal, Clinical and Mental Markers for maintain Quality PCOS Care.	Dr. Surveen Ghumman	Dr. Sohani Verma Dr. Asmita Rathore Dr. Bk Rana Dr. Bithika
	Gaps, Goals & Guidelines: Auditing PCOS Practice for Continuous Quality Improvement - comparing actual practice against guideline-based standards	Dr. Rekha Bharti	
1:00-1:15 PM	Audience Comments on Improving Quality in PCOS Care		

Time	Topic	Speakers/Moderators / Panelists	Chairpersons
1:00-1:45 PM	Session V - Medicating with Meaning: Quality-Focused PCOS Therapies (12+3 Min)		
	Repositioning First-Line Therapies: Letrozole, Metformin, and COCs in 2025	Dr. Sangeeta Gupta	Dr. Anuradha Kapoor Dr. Kiranjeet Kapur Dr. Heera Dr. Aakriti Batra
	Managing Hirsutism and Acne: Evidence-Based Medical and Cosmetic Options	Dr. Garima Kapoor	
	New Frontiers: GLP-1 Receptor Agonists and managing obesity in PCOS	Dr. Pikee Saxena	
1:45-2:30 PM	Lunch		
2:30-3:30 PM	Session VI: The Bigger Picture: Quality Care Beyond the PCOS Ovary (12+3 Min)		
	The PCOS Risk Profile beyond ovaries: A Lifespan Approach to Metabolic and Cardiovascular Health	Dr. Manju Puri	Dr. Manju Khemani Dr. Ym Mala Dr. Narender Kaur Dr. Kamna Datta
	PCOS and Endometrial Cancer: Understanding and Preventing the Risk	Dr. Kanika Modi Batra	
	Aging with PCOS: Navigating Menopause and Bone Health	Dr. Kiran Guleria	
	Mind and Body: Screening for Mental Health and Sleep Disorders in PCOS	Dr. Garima Kachhawa	
3:30-4:20 PM	Session VII - PANEL: Decoding the hormonal Whispers and Bridging the Gap: Taking PCOS Quality Care from Policy to Practice		
	Experts : Dr. Kd Nayar, Dr. Achala Batra		Moderator : Dr. Leena Wadhwa Dr. Monika Gupta
	Panelists: Dr. Deepti Goswami, Dr. Meenakshi Ahuja, Dr. Rashmi Sharma, Dr. Sweta Gupta, Dr. Reeta Mahey, Dr. Divya Pandey, Dr. Meenakshi Singh		
4:20-5:08 PM	Session VIII – PCOS in 360°: Is Multidisciplinary the Missing Piece in Quality Care? (10+2 Min)		
	PCOS and the Fatty Liver Connection: A Metabolic Double Whammy	Dr. Bhanupriya	Dr. Dinesh Kansal Dr. Alka Gujral Dr. Kavita Aggarwal Dr. Parul Garg
	Immune Imbalance in PCOS: The Overlooked Link	Dr. Reeta Bansawal	
	Moving beyond Weight Loss: Holistic and Patient-centred Nutrition and lifestyle management	Dr. Bhawani Shekhar	
	Insulin, Inositol & Vitamin D: Untangling the Metabolic Web in PCOS	Dr. Juhi Bharti	
5:09 PM	Vote of Thanks		